

Lesson objectives		Resources
Learn what makes us special. Consider ways in which we are all unique. Consider what we are good at and what we like and dislike. Develop skills of self worth.		Online slides – What makes me special? Pupil worksheet – Personal Reflection Pupil worksheet – What makes me special?
Pol-Ed Passport focus		
Self worth: Pupils will consider what makes them special, and understand that everyone is unique and has things about them that make them special.		
Lesson walk through		
Starter	Pupils begin by hearing a range of characters identify things about themselves that make them special. This could be extended through questioning, asking pupils if they share any of these attributes.	
Key knowledge	Everyone is special. We all have something that makes us unique and important. We are all unique. No one in the world is exactly the same as you. This is a positive thing. We all have strengths. Sometimes these are the same as other people and sometimes these are different. It's okay to like and dislike different things. Self-worth is important. Knowing what makes you special helps you feel proud and confident. Friends can be different too. Even if we're not the same, we can still be kind and enjoy being together. We are made of many parts, our feelings, talents, interests, and choices all fit together like a puzzle to make us who we are.	
Practice	Pupils all complete a jigsaw which encourages them to consider their strengths, likes and dislikes and what makes them unique.	
Personal reflection	Pupils will consider the impact that the lesson has had on: themselves, their families and friends, their community and their country.	
Common misconceptions		
That being special means you must have an elaborate skill or have something hugely unique about your identity. Everyone is unique and everyone is special.		
Further signposting and support		
The Belonging Effect - What's Special About You? Teaching Children About Identity: https://www.thebelongingeffect.co.uk/whats-special-about-you-teaching-children-about-identity/		

PSHE association program of study

H21. to recognise what makes them special.

H22. to recognise the ways in which we are all unique.

H23. to identify what they are good at, what they like and dislike.

R23. to recognise the ways in which they are the same and different to others.

L14. that everyone has different strengths.

Below are some other PSHE values that may be covered by discussion within the lesson from the questions posed in the lesson itself and the considerations in the lesson plan.

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